

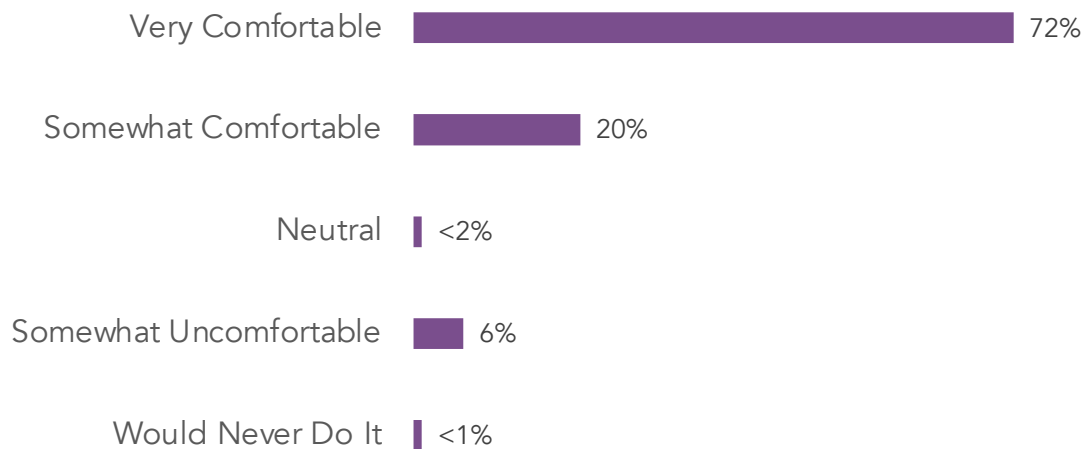


# PATIENT POLLS

## Comfort Level with Asking Healthcare Providers for a Specific Medication

Migraine Meanderings hosted a poll that asked members of its online community "How comfortable do you feel asking your healthcare provider (doctor, PA, NP, etc.) for a specific medication that you have heard about from a friend, website, social media, commercial, etc.?"

### COMFORT WITH ASKING HCP FOR A SPECIFIC MEDICATION



*"If I cannot have a candid conversation with my provider and feel like I can open up to them or ask a question like this chances are I do not feel they are a good fit for me."*

—Migraine Patient

410 people voted in the online poll.

#### HIGHLIGHTS

According to the results of this poll, most members of the Migraine Meanderings online community are very comfortable asking their healthcare provider for a specific medication. The top three answers were:

1. Very comfortable (72%)
2. Somewhat comfortable (20%)
3. Somewhat uncomfortable (6%)

The responses to this poll show that many members of the community are comfortable having conversations with their healthcare providers about treatment options they learn about. This type of two-way communication between providers and patients is important as it empowers patients to play an active role in their treatment process. These results show that patients are advocating for themselves, and their comfort level with doing so may indicate that doctors are receptive to this bi-directional patient-doctor relationship as well.