

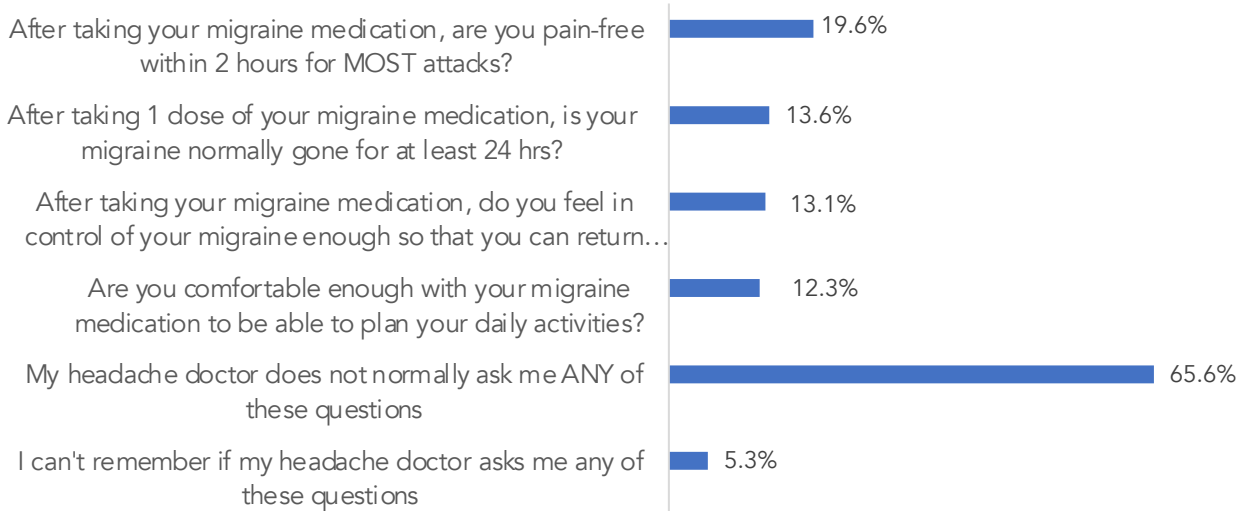


PATIENT POLLS

Does Your Doctor Ask About Treatment Efficacy?

Migraine Meanderings hosted a poll that asked “Does your headache doctor normally ask you any of the following ACUTE TREATMENT EFFICACY questions when you see them for migraine? Participants were asked to select any answers that are true for them.”

ACUTE TREATMENT EFFICACY QUESTIONS YOUR HEADACHE DOCTOR REGULARLY ASKS



“I have a wonderful doctor, but I don’t ever remember any of my doctors asking me any of these questions - that includes neurologists, primary care physicians and headache specialists.”

—Poll Respondent

398 participants cast 515 votes in the online poll.

HIGHLIGHTS

The answers in this poll show how uncommon it is for headache doctors to ask their patients questions about treatment efficacy. The question with the highest percentage of use is “After taking your migraine medication, are you pain-free within 2 hours for MOST attacks?” However, only 19.6% of our respondents reported that their doctor regularly asks this question. All the other questions had an even lower percentage.

The results of this poll show that more than half of headache doctors are not asking patients questions about the efficacy of their migraine treatments. This may be due a variety of reasons:

- Many of the respondents have chronic migraine and have already exhausted many treatment options.
- Patients may be upfront about how well or not a treatment is working and so there is no need to ask these specific questions.
- Most doctors seeing patients for migraine are not asking these questions either due to lack of time, not understanding the importance of these questions for migraine management, or not understanding the seriousness of this disease and the impact on patient lives. There is obviously much work to be done in this area, and change is desperately needed!