

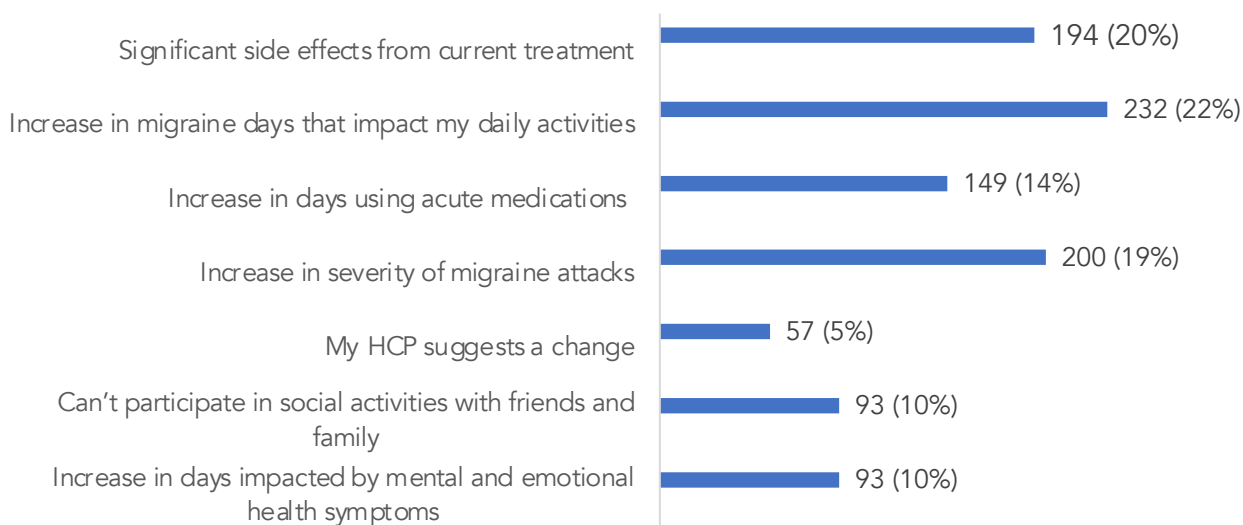


PATIENT POLLS

Changing Migraine Medications

Migraine Meanderings hosted a poll that asked **“What makes you decide to talk to your HCP about changing your migraine medications?”** Respondents were able to select as many answers as applied.

REASONS PATIENTS TALK TO THEIR DOCTORS ABOUT CHANGING THEIR MIGRAINE MEDICATIONS



“[For me it’s] not a case of changing meds, more a case of meds not working. I’ve tried over 20 medications and have had little success. Still, I continue to persevere with the latest meds.”

—Poll Respondent

293 participants cast 1,018 votes in the online poll.

HIGHLIGHTS

The top three answers in this poll show the reasons respondents decide to talk to their doctors about changing their migraine medications are:

1. An increase in migraine days that impacts daily activities
2. Significant side effects from current treatment
3. An increase in severity of migraine attacks

The results of this poll may indicate that patients are not considering medication changes until they are significantly suffering. While an increase in migraine days and increased severity of pain are important reasons to talk to a doctor about changing medications, the toll migraine takes on patients’ mental and emotional well being can be just as detrimental to their overall health. Many patients feel they have “reached the end of the line,” and exhausted all the treatment options available to them.