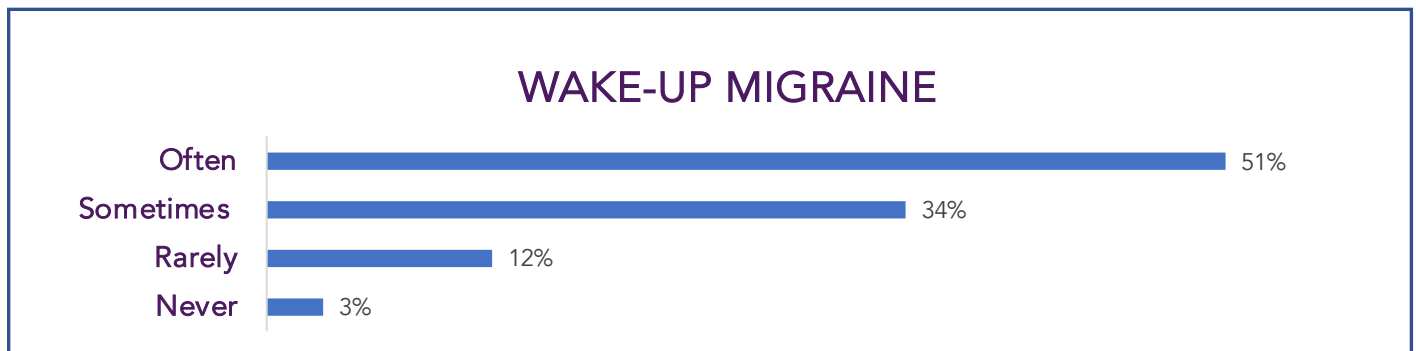




PATIENT POLLS

Wake-Up Migraine

Migraine Meanderings hosted a poll that asked respondents if they ever experience waking up with a migraine in the middle of the night or early morning—"Wake-Up Migraine"—which specifically refers to discrete attacks that happen during the night.



467 votes were cast in the online poll.

HIGHLIGHTS

Patients reported that they experience "wake-up" migraine:

1. Often
2. Sometimes
3. Rarely
4. Never

Most of the respondents report that they have experienced "wake-up" migraine. This type of migraine tends to be very painful and is generally resistant to regular treatment options, as it is already in progress with full-blown symptoms. For this kind of attack, a treatment that can work both quickly and aggressively is imperative. Patients should consider non-oral medications such as injections and/or nasal sprays, as they bypass the gut and allow for better absorption and faster relief.

POLL RESPONDENTS SAID ...

- "Often I am dreaming that I'm having a migraine attack, and eventually the pain gets so bad it jolts me awake."*
- "Worst [migraine attacks] are wake-up. They have a chance to get away from us before an abortive could be taken."*
- "I have yet to get used to the feeling of being jolted awake in pain, and feeling panicked because the symptoms have already escalated to a point where my meds may not work."*
- "I often get a "wake up migraine" attack at around 5am in the morning. Sometimes a little earlier, sometimes a little later, but it always seems to be around that time and the attacks are always full-blown."*