

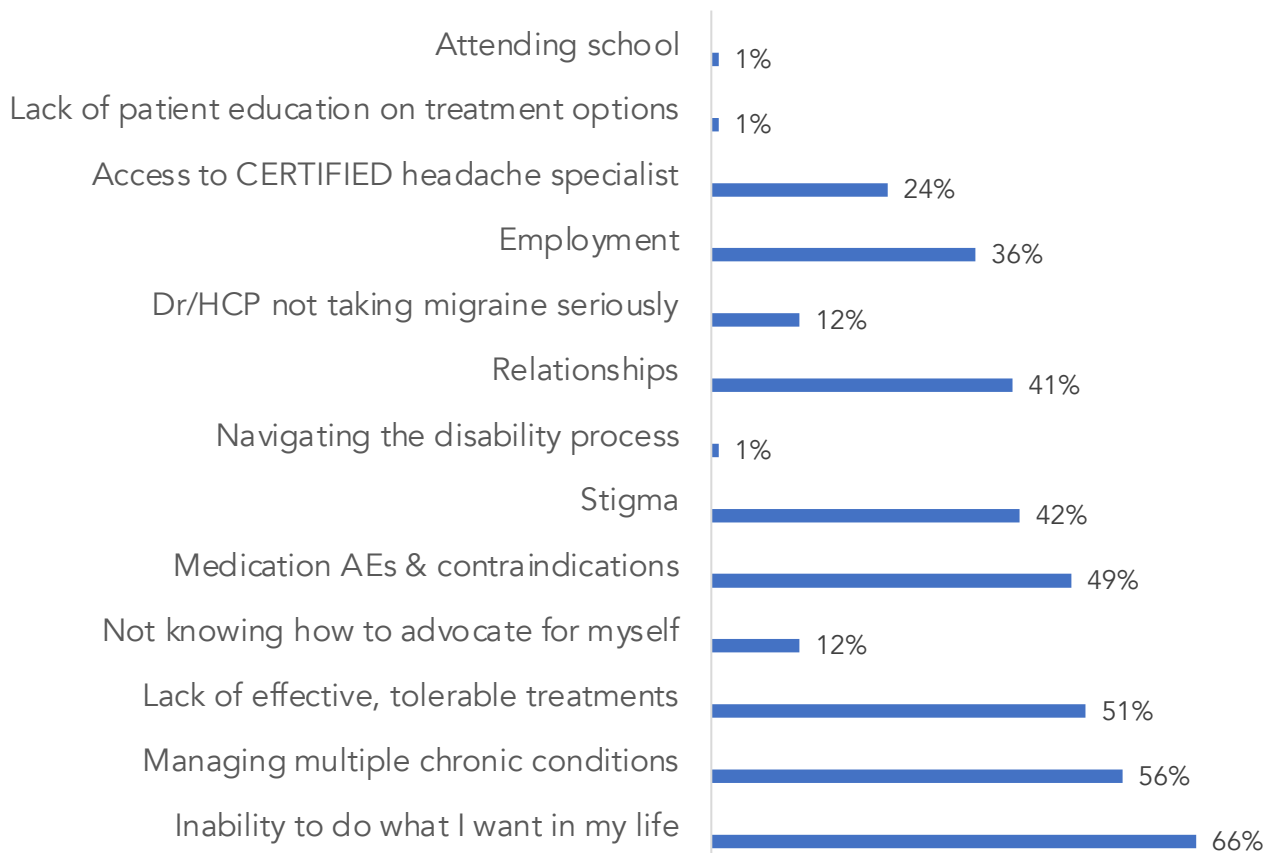


# PATIENT POLLS

## Challenges Faced In Managing Migraine

Migraine Meanderings hosted a poll that asked “What are the greatest challenges you face in managing your migraine?” Respondents were able to select as many answers as applied.

### OVERALL CHALLENGES FACED



*734 people voted and 3,098 votes were cast in the online poll*



# PATIENT POLLS

## Challenges Faced In Managing Migraine

*" ... in my 23 years of experience with migraine I would say that ALL of the above have been THE greatest migraine challenge at some point in my life. The journey looks different for everyone and challenges come and go. In the moment they can be all consuming. But it helps to have a community to help put it all in perspective."*

*—Poll Respondent*

734 people voted and 3,098 votes were cast in the online poll. The answers are recorded on the previous page. A number of respondents also wrote in that insurance is a challenge for them, and often a key barrier to getting the care and treatments they need.

### HIGHLIGHTS

The top four challenges patients face are:

1. Inability to do what they want in life
2. Managing multiple chronic conditions
3. Lack of effective and tolerable treatments
4. Medication side effects and contraindications.

It is clear from these results that patients' overall quality of life (QOL) is important to them, and yet currently QOL is significantly impacted by the challenges they face in living with migraine. Migraine makes it difficult, if not impossible, for a person to live life as they would if they were symptom-free. There is a distinct need for treatment options that can work quickly and effectively, allowing people with migraine to lead full and productive lives.