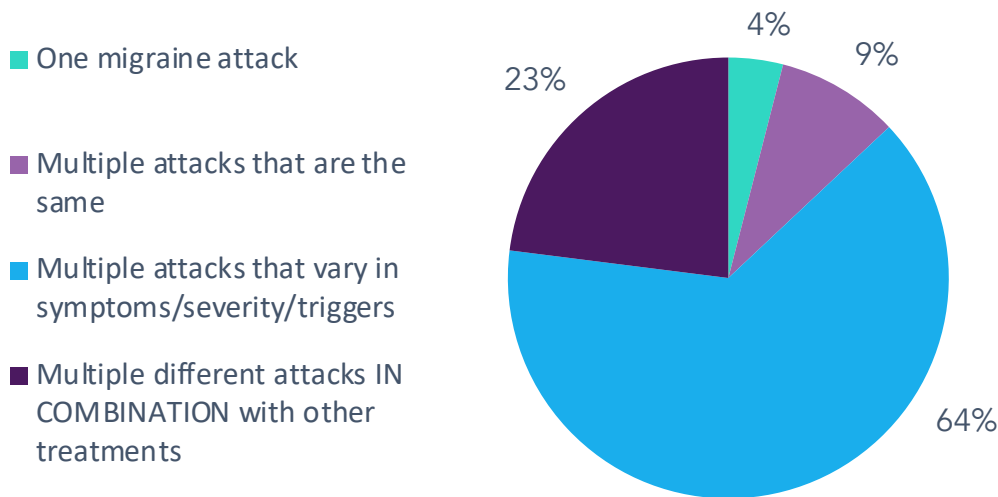


PATIENT POLLS

Trying Acute Migraine Treatments

Migraine Meanderings hosted a poll that asked “When trying a new prescription ABORTIVE treatment, how many times do you try it before deciding if it is helping stop your migraine attacks (provided the side effects are tolerable)?” Respondents were asked to select the single best answer.

TRYING A NEW ABORTIVE TREATMENT



466 people voted in the online poll

“I always try new abortive meds hoping for the best. As long as any side effects are tolerable, I will keep trying it for multiple attacks, and even together with other treatment options, until I am certain it either works or does not. I hate giving up!”

—Poll Respondent

HIGHLIGHTS

87% of respondents fell into one of two answers:

1. 64% - Multiple attacks that vary in symptoms/severity/triggers
2. 23% - Multiple different attacks IN COMBINATION with other treatments

The results of this poll show that many patients are trying new abortive treatments in ways that may be most beneficial for them. For example, an acute treatment may work to treat certain attacks better than others, and these results show that most patients are trialing the medications in that way. The poll also shows that a significant number of patients are not only trialing the medications for several different attacks, but they are also combining acute medications with other treatments to see if they work better. This may indicate that certain treatments work better in combination with others, and that many patients understand this. A relatively small number of patients are stopping an acute medication after just one migraine attack. More patient education may be needed to create awareness about how certain treatments, and combinations thereof, may work better for treating different types of migraine attacks.