

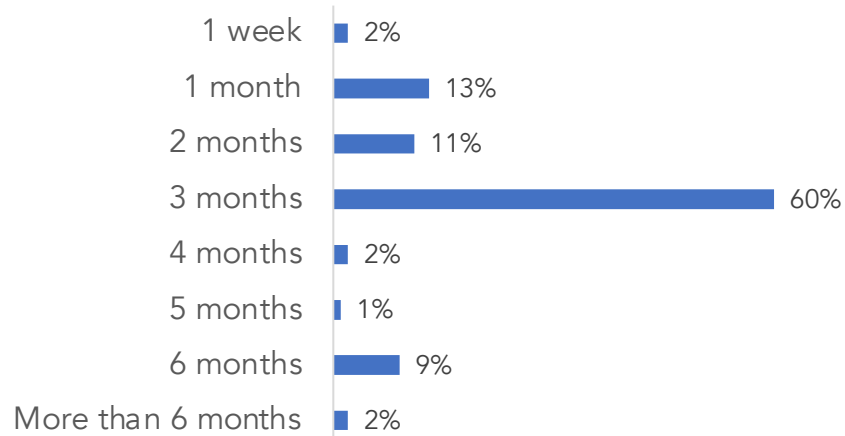


# PATIENT POLLS

## Length of Time Trying PREVENTIVE Treatment

Migraine Meanderings hosted a poll that asked, "When trying a new prescription PREVENTIVE treatment, how long do you try it before deciding if it is helping prevent your migraine attacks?" Respondents were asked to select the single best answer.

### LENGTH OF TIME TO TRY A PRESCRIPTION PREVENTIVE TREATMENT



363 people voted in the online poll

*"I will usually give oral preventives 3 months, unless I start to develop major side effects that I just can't push through and won't go away. I've had to discontinue quite a few different things before hitting 3 months because of side effects."*

—Poll Respondent

#### HIGHLIGHTS

**The top answer, coming in at 60%, was 3 months**

The results of this poll show that the majority of patients are giving preventive treatments a good length of time to determine efficacy. However, many respondents report that while it may be their goal to try a preventive for a certain length of time, they often have to stop taking it sooner than planned due to intolerable side effects.

Concerning is that 26% of respondents were quick to dismiss a treatment if they were not seeing results more quickly, with some even saying just ONE WEEK. Also of interest are the number of respondents who will give new treatments a six month trial, or even longer.

The results of this poll may indicate a need for doctors to be more up front about how long a treatment may take to show full effectiveness. Not to mention, when to realize that it is NOT working and either needs an increase in dose, another treatment added in combination, or stop using it.